

# FRANKLIN LAKES COMMUNITY CENTER

— a Proud Partner of —

## WYCKOFF FAMILY YMCA

**Session IV: April 3 – June 3**

**Registration Required**

**FLCC Members: Call 201.904.2112    YMCA Members: Online**

**Break Week: APR. 10 – 15**

### TEEN BARRE

Ages 10-14

**Mon. 4-4:45pm**

Full Member: **FREE** / Program Member: \$45

Limited space (12 participants)

### TEEN ZUMBA

Ages 10-14

**Tue. 4-4:45pm**

Full Member: **FREE**

Program Member: \$45



### TEEN YOGA

Ages 10-14

**Thu. 4-4:45pm**

Full Member: **FREE**

Program Member: \$45

## JOIN THE CLUB & GET MOVING!

### FITNESS FOUNDATION (8 WEEK SESSION)

Ages 11-12

Set a Foundation for Fitness with proper form, technique, and etiquette on the cardio and circuit equipment; a great intro to the Fitness Center.

**Sun. 1-2pm / Wed. 4-5pm**

Full Member: \$45 / Program Member: \$55

Limited space (6 participants)

**Call us at 201.904.2112 for More Information!**

1 Vichiconti Way . Franklin Lakes, NJ 07417

