

**Regular Meeting of the Franklin Lakes Board of Health
September 12, 2016 – 7:00 PM**

The regular meeting of the Franklin Lakes Board of Health was called to order by Olivia Voellmicke at 7:00 P.M. in the Municipal Building.

Mrs. Voellmicke read the Sunshine Law Statement.

Roll Call:

Present: Michael Goldberg
Olivia Voellmicke
Joan Murray
Marjorie Vanacore, REHS Inspector
Nancy Yarish, Secretary/Registrar
Ann Swist, Council Liaison

Absent: Rajan Melwani
Susan Tillsley

Also present was Joyce Loch of Seabrook House.

Minutes:

Approval of the July 11 and August 22, 2016 minutes has been postponed until the November 7, 2016 meeting due to the absence of the Board Members who attended the meetings.

Reports:

On a motion by Mrs. Murray, seconded by Mrs. Voellmicke, and unanimously carried, the sanitarian's inspection reports for the months of June, July and August 2016 were approved. On voice vote, all in favor.

Vouchers:

On a motion by Mrs. Voellmicke, seconded by Mrs. Murray, and unanimously carried, the following vouchers were approved: Bergen County Department of Health Services \$32,254.05; BCDHS Blood Borne Pathogen Vaccines \$1,044.00; Office Business Systems Dictation Equipment \$898.00; North Jersey Media \$13.12; Tyco \$1,195.00; Dr. DeGuzman \$300.00

Old Business:

Mrs. Voellmicke updated the Board of Health on the complementary continuing education and panel discussion for healthcare providers in Franklin Lakes, Wyckoff and Oakland prescribing narcotic medications. The program will take place on September 19, 2016, at 7:00 P.M. in the Council Chambers. Seabrook House Representative, Joyce Loch estimated that 30 people would be attending. They received 15 confirmed reservations; but Ms. Loch estimates there may be more who will attend. In addition to the major mailing and email notifications, Dr. Goldberg and Ms. Loch hand delivered invitations to local medical practitioners. Dr. Goldberg commended Sicomac Pharmacy for supporting the event by assisting with the mailing list. The Council Chambers will be equipped with a screen and the Borough Administrator will be available at 6:00 P.M. the evening of the event to set up the room and help with the audio visual equipment. Mrs. Murray volunteered to bring the following refreshments: fruit/cheese/cookies along with coffee/tea/water for the attendees.

Ms. Loch distributed information regarding the non-profit Seabrook House and their assistance with drug and alcohol abuse patients. They assist patients with or without insurance and receive over 6,000 calls per month at their call center. Many of the callers they will refer to outside agencies.

The next event in September is the Senior Club luncheon meeting on September 21. A nurse from Bergen County Health Services will discuss the misuse of medication, risk factors, drug interactions, and the effects of alcohol and medications. The flyers have been distributed to the seniors of Franklin Lakes. This will be a 20-minute PowerPoint presentation with a question and answer period afterwards at the Fire Headquarters. Mr. Craig Goldman, Director of Franklin Lakes Office of Emergency Management, has volunteered to assist with the audio visual equipment.

Mrs. Murray shared drug abuse awareness programs that are being held in Ridgewood through the schools. The Franklin Lakes Board of Education has listed the programs and the schools on their website.

The arrangements for the Board of Health participation at the Franklin Lakes Festival on September 24 were discussed. The handouts available from Bergen County Health Department are stress balls, children's coloring books with crayons/adult coloring books with colored pencils, , healthy eating wrist bands. The Franklin Lakes Municipal Alliance provided *Franklin Lakes is Proud to Be Stigma-Free* polo shirts/post-it bulletin boards, and Valley Hospital Auxiliary donated pill boxes, jar openers, packaging clips. A banner will be posted at the booth and Mrs. Murray will provide an easel with a descriptive bullet points as to the function of the local Board of Health. Mr. Melwani will arrive early to set up the table and all the materials for the booth will be stored in the Borough Hall Conference Room. Mr. Melwani will man the table from 11:00 A.M. until 2:00 P.M. Mrs. Tillsley will arrive at 2:00 to be present at the table. The balloon artist will be entertaining the children from 2:00-4:00 P.M. Dr. Goldberg will be available to attend the fair from 3:00-5:00 P.M.

The Seniors Flu clinic was confirmed to be held for the Franklin Lakes seniors on October 25th from 10:00-12:00 A.M. at the Franklin Lakes Ambulance Corps Building. A question arose as to why the Library was holding a flu clinic and it was answered that Walgreens has been offering the service as the provider. The Borough Hall has Walgreens distributing the vaccine for the Borough employees at no cost to the Borough of Franklin Lakes. Mrs. Murray recommended that we consider having a one-day town wide event with providers available to distribute the vaccine to all residents' not just senior citizens. Presently, the Board of Health has budgeted for the flu clinic for the senior population through Valley Hospital and assisted by a local physician. A recommendation by Dr. Goldberg was to possibly consider distributing the flu vaccine at Franklin Lakes Festival at a designated building. The advantage of having the seniors coming to a separate event is to also have conversations with them and their health concerns. This gives a good pulse on the senior community and how they are functioning with possible depression, isolation and overall health questions. The consensus was to offer a number of sites and dates for the distribution of the flu vaccine as possible.

New Business:

Mrs. Voellmicke opened discussion on the plan of activities from the Board of Health next year. Bergen County Health Services has a nurse available to come into the Borough to speak to residents individually. Mrs. Voellmicke will discuss this option with the nurse at Bergen County Health Department. The Baby Well services are required by law and Franklin Lakes has contracted with Waldwick as shared service provider. Mrs. Murray stated that the residents would benefit if they were aware of all the services that the Board of Health provides.

Mrs. Voellmicke stated that since the Franklin Lakes Municipal Alliance is spearheading the drug abuse initiative, the Board of Health will focus on other aspects of health and wellness. Mayor Bivona delegated the responsibility for drug abuse awareness to the Municipal Alliance with assistance from the Mayor's Wellness and Board of Health. The function of communicating the drug abuse events was a function of the Board of Health under the direction of the Municipal Alliance. Mrs. Voellmicke recommended that for 2017 the Board of Health address other health initiatives. Mrs. Murray added that information on preventing Lyme disease and reducing the mosquito problem are examples of health risks the Board of Health should be concerned with.

Council Liaison Ann Swist invited the Board members to listen to Dr. Kai-Ping Wong, Director of Valley Medical Group's Pediatric Psychiatry Team, who will speak about the hospital's new program for addressing mental health for the youth at the September 19th Valley Hospital Auxiliary Meeting from 10:45-11:00 A.M. at the Franklin Lakes Ambulance Corps Building.

Open the Time for Public Comment:

Motion to open the time for public comment was made by Mrs. Voellmicke, seconded by Mrs. Murray. No comment from the public.

Motion to close the time for public comment was made by Mrs. Voellmicke, seconded by Mrs. Murray. On voice vote, all in favor.

Adjournment:

On a motion by Mrs. Voellmicke, seconded by Mrs. Murray, and unanimously carried, the meeting was adjourned at 8:11 P.M.

Respectfully submitted,

Nancy Yarish
Secretary/Registrar, Board of Health