



Attention

Parents and Athletes!



Parisi Speed School of Franklin Lakes is offering private training sessions through FaceTime.

45 minute training sessions are just \$40! (The same price as a typical group session)

Pick your time, pick your trainer, and improve your speed, agility, and strength at home!

Email [EvolveTrainingNJ@gmail.com](mailto:EvolveTrainingNJ@gmail.com) or TEXT Cory at 201-873-7883 to get started!

